

Maura D. Sullivan, Psy.D.

25 NE 47th Avenue, Suite 4. Portland, OR 97213

503-432-8470 (office) 503-912-7018 (fax)

www.drmaurasullivan.com

drmaurasullivan@gmail.com

Psychologist

Twenty-Year private practice clinician. Primary interests include life transitions, women's health, integration of mind body medicine and yoga with traditional psychology practice, mood disorders, trauma, and ADHD. Experience working with physicians, psychologists, and medical providers.

Education | Psychology

Psy.D. Clinical Psychology, January 2002

Pacific University, School of Professional Psychology, Forest Grove, OR

M.S. Clinical Psychology, August 1998

Pacific University, School of Professional Psychology, Forest Grove, OR

B.A. Psychology and Women's Studies, May 1991

Colgate University, Hamilton, NY

Education | Yoga

Registered Yoga Teacher (200-RYT) Rasamaya Yoga, July 2014

Rasamaya Yoga, Newburyport, MA/Wolfeboro, NH

Awards

- National Health Service Corp Loan Repayment Recipient, October 2003 ▪ Women's Fund of New Hampshire Practice Grant for the development of a women's process group, June 2004
- Pacific University Award for Academic Excellence, August 2002
- Pacific University Professional Programs Council Dissertation Grant
- Clinical Competency Comprehensive Examination, Spring 1999, Passed with Distinction ▪ Pacific University School of Professional Psychology Service Scholarship '96-'01
- Public Service Award for exemplary service to client and community, The Parry Center for Children, July 1993

Clinical Training

EMDR Basic Training, March 28-June 27, 2011

Trauma Institute, Greenfield, MA 01302

Comparable to Part I and Part II EMDRIA-52 hour training

Neuropsychological Consultation/Supervision September 2007-2008

Lakeview Community Services, Tamworth, NH 03886

Post-Doctoral Residency, Clinical Psychology, January 2002-July 2003

Dartmouth Medical School/New Hampshire State Hospital, Concord, NH

Pre-doctoral Internship, Clinical/Counseling Psychology, August 2000-August 2001

Northwestern University Counseling and Psychological Services, Evanston, IL

Practicum Field Placement Student, August 1999-August 2000

Pacific University Student Counseling Center, Forest Grove, OR

Specialty Practicum in Psychological Assessment, August 1999-August 2000

Pacific University Psychological Service Center, Portland, OR

Practicum/Advanced Practicum Student August 1997-August 1999

Pacific University, Psychological Service Center, Portland, OR

Employment Experience

Private Practice September 2018-Present

1430 SE Water Avenue, St 209, Portland, OR 97214

Private Practice September 2007-Present

10 Endicott Street, Wolfeboro, NH 03894

Staff Psychologist September 2007-September 2008

Lakeview Community Mental Health Services, Tamworth, NH 03886

Staff Psychologist September 2005-2007

Mid-State Health Center, Plymouth, NH and Wolfeboro, NH

Private Practice October 2003-September 2005

White Mountain Psychological Assessment

Staff Psychologist July 2003-September 2005

Center for New Beginnings, Littleton, NH

Acute Care Specialist October-December 2001

Network Behavioral Health Care Inc., Portland, OR

Consultant, August 1997-August 1998

Reynolds School District, Portland, OR

Mental Health Specialist May 1994-June 1996

Mt. Hood Community Mental Health Center, Portland, OR

Milieu Therapist, August 1991-May 1994

Parry Center for Children, Portland, OR

Teaching Experience

Faculty: Rasamaya Yoga/Barre and Soul Teacher Training, Fall 2016-2018

Barre and Soul, Boston, MA, Portsmouth, NH, Providence, RI

Teacher: Rasamaya Yoga, summer 2014

Moondala Yoga, Wolfeboro, NH-Magical Yoga, Wolfeboro, NH

Teaching Assistant: Diagnosis and Treatment Planning, Spring 2000

Pacific University School of Professional Psychology, Forest Grove, OR

Teaching Assistant: Basic Clinical and Counseling Skills, fall 1998, 1999

Pacific University School of Professional Psychology, Forest Grove, OR

Teaching Assistant: Pre-practicum, Summer 1999, 2000

Pacific University School of Professional Psychology, Forest Grove, OR

Research Experience

Research Assistant, Dr. Michel Hersen, Professor and Dean August 1997-August 1998

Pacific University School of Professional Psychology, Forest Grove, OR

Research Mental Health Interviewer, August 1997- July 1999

Adolescent Depression Treatment and Prevention Project

Kaiser Permanente, Northwest Region, Portland, OR

Research Assistant, Mental Health Interviewer, May 1994 – August 1997

Oregon Health Sciences University Adolescent Depression Treatment and Prevention Project, Portland, OR

Research Assistant, June 1992 – March 1993

Oregon Health Sciences University Sleep and Mood Disorder Laboratory, Portland, OR

Committees

Committee Member, Confidential Peer Support Committee, Oregon Psychological Association (OPA), April 2019 – Present

Treasurer, New Hampshire Psychological Association (NHPA), July 2016 – July 2018

Chair, Committee on Women, Minorities, and Diverse Communities, NHPA, October 2016 – May 2018

Secretary, New Hampshire Psychological Association (NHPA), July 2013 – 2016

Chair, Continuing Education Committee, NHPA, July 2003-2006 & July 2009 – July 2013

Member, Continuing Education Committee, NHPA July 2002 – January 2015

President, Student Association, Pacific University School of Professional Psychology, 1999 – 2000

President-Elect, Student Association, Pacific University School of Professional Psychology, 1998-1999

Presentations

Facilitated workshops and presentations on issues including managing difficult patients, stress management, eating disorders, cutting, recognizing signs of depression and suicide, balancing personal and professional life for professionals, study skills, physician self-care, using mindfulness and yoga in therapy, neuro-anatomy of emotion and neuroscience of yoga.

Groups/Retreats

Limbic Yoga — The neuroanatomy of emotion

Fire and Rewire — Yoga for emotional regulation

Yoga for Anxiety-Four — Week Series (Ongoing)

Rasamaya Annual Elemental Flow Yoga Conference, St. Croix USVI

Publications

Sullivan, M.D. (2001). Healing the healer: Professional, personal, and clinical issues. Unpublished Doctoral Dissertation, Pacific University School of Professional Psychology.

McClanahan, J., Sullivan, M.D., Gil, E, & Heilweil, S. (1999). Student Association Statement of Diversity. Pacific University, Portland, OR.

Sullivan, M.D. (1997). Informed consent and confidentiality: Maintaining the balance among the rights of the minor, the parent, and the state. Unpublished Masters Thesis, Pacific University School of Professional Psychology

Sullivan, M. D. (1991). The effects of make-up on perceptions of social power and social appeal. Unpublished undergraduate honors thesis, Colgate University, Hamilton, NY.

Professional Membership

Oregon Psychological Association student member 1998-2001-out of state affiliate member 2018,
Full member 2019 – present

New Hampshire Psychological Association since 2002

American Psychological Association since 1996

Yoga Alliance since 2014

International Yoga Therapy Association 2014 – 2018

Society for Adolescent Medicine 2006 – 2008

To Relax

Yoga, paddle boarding, reading, walking, and time with my animals.